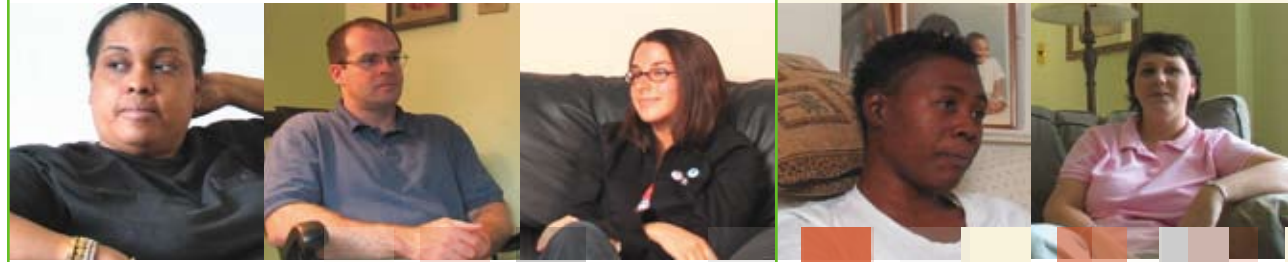




Outside In

Eczema: beyond the symptoms, beneath the surface



Life Improvements For Eczema (LIFE) is a group of healthcare professionals who are committed to raising awareness about the impact of eczema and assisting people affected by it.

We have developed the Eczema Assessment tool to assist patients in determining the emotional severity of their condition. While sometimes it is difficult for patients to vocalize their concerns about eczema, studies show that many patients are not satisfied with their treatment options. They say they would like healthcare professionals to recognize the psychological challenges faced by patients as a result of this disease. That is why we have created the Eczema Assessment tool, so you as a healthcare professional might gain a better understanding of the impact this disease is having on patients.



Please familiarize yourself with the tool and take time to discuss it with your patients. The Eczema Assessment tool is available online for download. Just go to www.nationaleczema.org to get your copy today.

Together, we can make a difference in the lives of eczema patients and the people who love them.

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Inside Out

The emotional effects of eczema



As you know, eczema can affect anyone, regardless of age, gender, or race. While eczema can be a painful and uncomfortable condition, studies show that the psychological and emotional impact of this disease is quite significant. This puts a considerable strain on patients and often can lead to missing school, work, personal activities, and other obligations. Many patients also have had difficulty forming intimate relationships, and, even in existing relationships, couples experience problems, with patients feeling embarrassed about a partner touching or seeing their body during outbreaks. In other words, eczema affects patients beneath the surface.

“ I couldn't even come to school because they would just keep sending me home.”

“My sister didn't want me kissing her daughter.”

“The last thing I feel like doing at night is torturing my child by putting on these creams.”

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